## What is the Mobile Response Team?

STARING POINTBEHAVIORAL HEALTHCARE



The Starting Point Mobile Response Team (MRT) provides emergency crisis response 24 hours a day, 7 days a week, 365 days a year to youths (age 25 or younger) in crisis or experiencing traumatic events in Nassau County. Crisis situations may include self injury, suicidal or homicidal thoughts or behavior, extreme conflict between parent and child, hearing or seeing things, depression or anxiety and substance abuse issues.

The MRT will arrive onsite within 60 minutes or less anywhere in Nassau County. The team of professionals respond to the crisis along with a member of law enforcement.





The team will meet and talk with the youth, the family and others in their support system. A licensed clinician then determines if they can create a crisis plan which diverts the individual to other services or if they need to initiate the Baker Act which provides emergency inpatient mental health services.

If a crisis plan is developed, the team reaches out twice a day either through texts or phone calls for at least 72 hours, to ensure that the care plan is being followed.





If a youth is admitted under the Baker Act, the MRT will participate in a discharge plan for follow up care.

## IF YOU OR SOMEONE YOU KNOW IS IN NEED OF THE MOBILE RESPONSE TEAM, PLEASE CALL 904-580-0529.

HTTPS://WWW.SPBH.ORG/